



DRAGON BOAT RACING

HISTORY

Dragon Boat Racing has ancient Chinese origins and its history has been traced back more than 2000 years. The first participants were superstitious Chinese villagers who celebrated the 5th day of the 5th lunar month of the Chinese calendar. Racing was held to avert misfortune and encourage the rains needed for prosperity - and the object of their worship was the dragon. The dragon of Asia has traditionally been a symbol of water and is said to rule the rivers and seas and dominate the clouds and rains.

THE FORMAT

The dragon boats will be manned by up to 18 paddlers. With groups split into teams of between 4 and 18 and the roles of team leaders and team names agreed upon.

Our main helmsman will provide a full safety briefing and then before the first race the crews will be given an 'on the shore' training session.

Team captains will receive a waterside briefing on the race format, the course and any specific details that are unique to your event. It will then be their responsibility to accurately pass on this information to their teams ready for racing.

Teams will be assigned a helm and a boat and join with other teams to form a crew of 18.

Each boat will then set off on a training run during which they will be instructed on the basic techniques of racing. This will involve working as a team, leadership, co-ordination and most importantly listening to and obeying the helmsman's commands.

THE RACES

A 200 metre course will be set up ready for the races to start and after the teamwork session is completed, the boats will line up at the start line and the race control boat will signal.....

"TEAMS ARE YOU READY ? ATTENTION GO".

The race is then on and the crews will battle it out to the finish line.

Several races will then follow, before the teams head to shore for a well-earned rest whilst the next crews embark and take to the water for their races.

Teams will be mixed up during the day to race against new opposition experiencing new helmsman and boats.

Group members unable to race can, where possible, take to the safety boat to encourage and take some action pictures or be at the finish line to encourage their team members and snap some more fun shots.

RESULTS & PRIZE GIVING

The final scores on the doors and overall team positions will be announced and prizes, along with braggers rights, given to the winning team.

Prizes are also available for best paddler and most popular team leader.

For more information or to request a quote,
go to www.orange-tree-events.co.uk or call us on 01344 297433

EVENT DETAILS:

Venues :

Wraysbury lake
River Thames, Runnymede
Multiple locations UK wide

Group size :

12 - 120

Team size(s) :

From 4 to 18 per team

Duration :

2 - 6 Hours

Benefits :

Fun (sitting down)
Competitive
Teamwork essential
Engaging & Interactive
Physically Challenging
Mentally Testing



Safety :

Full safety brief and training
Safety boat
Buoyancy aids
Trained first aider
Fully trained staff
Risk assessment

What's Included:

Fully fitted Dragon boats
Experienced helms
All safety equipment & staff
Site decor of Chinese flags
Event manager
£5m PL Insurance
Prizes

